# SCREENING OF POLYBROMINATED DIBENZO-*p* DIOXINS AND FURANS (PBDD/Fs) IN ADIPOSE TISSUE FROM THE SWEDISH POPULATION

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### Introduction

Polybrominated *p*-dibenzo dioxins and furans (PBDD/Fs) are considered to exhibit similar toxicity as PCDD/Fs, as shown for cell lines of both human and mammalian species [1]. However, steric hindrance related to the larger size of the bromine atom may possibly alter the toxicity for some of the congeners when comparing PBDD/Fs and PCDD/Fs [2]. During the last decade the number of scientific papers on analyses of PBDD/Fs in different matrices has increased. PBDD/Fs have been identified in a variety of environmental samples that could result in human exposure including; ambient air in large cities such as Kyoto, Osaka, Shanghai and different locations in Taiwan, at electronic waste dismantling areas in China, house dust from e-waste dismantling and urban areas, flue gases and sediments. PBDD/Fs are also found in food [3], shellfish [4] and fish [4]. However, only a limited number of publications report levels in humans of PBDD/Fs. Initially, PBDD/Fs were only found in blood from occupationally exposed individuals [5] but more recently they have been detected in adipose tissue from Japan [6] and Sweden [7], and in mother's milk from several countries [8].

We performed a screening study commissioned by the Swedish EPA during 2007-2008, in which, polybrominated dibenzo-*p* furans (PBDFs) for the first time were detected in human adipose tissue from the Swedish population [7]. In the current study ten additional adipose samples were analysed for PBDD/Fs using the programmable temperature vaporizing (PTV) technique. The results confirm our initial screening and the presence of PBDDs as well.

### Materials and methods

### Samples

Human adipose tissue samples were collected during the autumn of 2009 from ten persons undergoing surgery at the Örebro University hospital. Sample sizes ranged from 3 to 9 grams of adipose tissue. None of the participants had suffered any weight loss before samples were taken. Seven of the participants were females and three were males ranging from 23 to 55 years of age. Samples were stored in amber glass bottles at - 20°C prior to extraction and analysis.

### Chemicals

Samples were spiked with <sup>13</sup>C-labelled internal standard mixture EDF-5408 (CIL, Andover, USA), including <sup>13</sup>C-labelled 2,3,7,8-TeBDD, 1,2,3,7,8-PeBDD, 1,2,3,4,7,8-HxBDD, 1,2,3,6,7,8-HxBDD, 1,2,3,4,6,7,8-HpBDD, OBDD, 2,3,7,8-TeBDF, 2,3,4,7,8-PeBDF, 1,2,3,4,7,8-HxBDF, 1,2,3,4,6,7,8-HpBDF and OBDF before extraction. As recovery standard the EDF-5409 mixture from CIL, Andover, USA including 1,2,3,7,8,9-HxBDD and 1,2,3,7,8-PeBDF was used. The same congeners were also present in the native standard mixture. For chlorinated dioxin analysis <sup>13</sup>C-labelled internal and recovery PCDD/F standard from Wellington Laboratories Inc., Guelph, Canada were used.

Organic solvents used were of pesticide grade and purchased from Fluka (methanol, *n*-hexane, dichloromethane, and toluene). Ethanol was purchased from Sharlau.

### Sample preparation

Adipose tissue samples were ground with anhydrous sodium sulphate (in the ratio 1 to 5). Open column chromatography was applied for approximately 5 gram of adipose tissue. First, the homogenate to be extracted was spiked <sup>13</sup>C-labelled internal standards and then the lipid fraction was extracted by a mixture

of *n*-hexane: dichloromethane (1:1) using open column chromatography. Secondly, sample clean-up was done on three open columns (multilayer silica, AlOx and active carbon). The multilayer silica columns contained KOH silica, neutral activated silica, 40% H<sub>2</sub>SO<sub>4</sub> silica gel, 20% H<sub>2</sub>SO<sub>4</sub> silica gel, neutral activated silica gel and Na<sub>2</sub>SO<sub>4</sub> and was eluted with *n*-hexane. This column was followed by an AlOx column eluted with *n*-hexane/ dichloromethane. Additional clean up and fractionation was done on an active carbon column, containing Carbopack C dispersed on Celite 545, which was eluted with 10 ml of *n*-hexane for non-planar compounds and then 80 ml of toluene to extract the planar fraction containing PBDD/Fs. Addition of <sup>13</sup>C-labelled recovery standards was done prior to instrumental analysis. Throughout the sample preparation the samples were kept shielded from UV light to avoid photo degradation. Toxic equivalents (TEQs) were calculated using World Health Organization toxic equivalency factors (TEFs) for PCDD/Fs [9].

### Instrumental analysis

HRGC/HRMS analysis was performed on a Micromass Autospec Ultima operating at >10 000 resolution using EI ionization at 35 eV. All measurements were performed in the selective ion recording mode (SIR), monitoring the two most abundant ions of the molecular bromine or chlorine cluster. Quantification was performed using the internal standard method. Two different chromatographic columns were used for quantification and verification of PBDD/Fs, a 25 m (0.25 mm i.d, 10  $\mu$ m) BPX 5 column (SGE; Ringwood, Australia) and a 15 m (0.25 mm i.d, 10  $\mu$ m) DB-1 columns (J&W Scientific; Folsom, CA, USA). For PBDD/Fs analysis, programmable temperature vaporizing (PTV) injection was applied to inject 8  $\mu$ l of the final extract on the GC column. PCDD/Fs were analysed by injecting 2  $\mu$ l of extract using splitless injection on a 30 m BPX 5 (0.25 mm id, 25  $\mu$ m) column (SGE; Ringwood, Australia). GC temperature programs were used to optimize the response (and minimize the degradation in the injector and on the column) depending on column length and GC performance. Detection levels were calculated at a S/N ratio of 3, corrected for recovery of the internal standard. The criteria for positive peak identification were isotope ratio within ±15% of the theoretical value and retention time match with that of the corresponding labelled compound.

### **Results and discussion**

In all, 10 adipose tissue samples were analysed for PBDD/Fs and PCDD/Fs. The recovery varied between 51 -118 % for all congeners and samples analysed except for OBDD and OBDF. The recoveries for OBDF were approximately 30% and somewhat lower for OBDD. The low recoveries are due to thermal degradation of the octa-substituted congeners during both injection and the chromatographic separation.

### Levels of PBDD/Fs

The result from the PBDD/F analysis is presented in Table 1. For the first time PBDD/Fs of higher substitution levels, i.e. hexa and hepta, are detected in human adipose tissue. This is due to improved detection limits by injecting larger sample volumes, i.e. 8 µl, using the PTV injection technique.

In all samples, the brominated furans are overrepresented reflecting the general PBDD/Fs distribution in environmental and food samples [3, 10]. 2, 3,7, 8-TeBDF was found in the range of 0.23-0.54 pg g<sup>-1</sup> lipid in all samples analysed. Either both or one of the 1,2,3,7,8- and 2,3,4,7,8-PeBDF congeners were present in nine out of ten samples. The levels of 2,3,4,7,8-PeBDF were higher than the levels of 1,2,3,7,8-PeBDF in all samples where they were present simultaneously. This distribution between the pentabrominated furans is also seen in various other sample types reflecting possible routes of human exposure, i.e. in avian, bovine, ovine, porcine fat and liver samples as well as in eggs and cow's milk from Ireland [3] and ambient air [11]. Levels of 2,3,7,8-TeBDF and 2,3,4,7,8-PeBDF have been reported in human milk from Sweden and Japan among other countries [8, 12]. In the Japanese study human milk from both primiparae and multiparae were analysed for PBDD/Fs. Low levels of 1,2,3,7,8-PeBDF were only detected in the primiparae samples while the levels for 1,2,3,7,8-PeBDF were below the detection limit in the Swedish sample [8]. 1,2,3,4,7,8-HxBDF and 1,2,3,4,6,7,8-HpBDF were detected in some of the samples and to our knowledge reported for the first time in human adipose tissue. However, 1,2,3,4,7,8-HxBDF have previously been detected in human milk from Sweden, Finland, and Italy [8].

	ID 1	ID 2	ID 3	ID 4	ID 5	ID 6	ID 7	ID 8	ID 9	ID 10
	M 43	M 50	F 41	F 44	F 55	F 23	F 33	M 55	F 47	F 47
Furans										
2,3,7,8- TeBDF	0.31	0.33	0.23	0.40	0.40	0.45	0.54	0.35	0.46	0.29
1,2,3,7,8- PeBDF	0.08	< 0.01	0.08	0.16	< 0.007	0.09	0.24	< 0.02	0.01	0.03
2,3,4,7,8- PeBDF	0.14	< 0.01	0.18	0.35	0.51	0.24	< 0.009	0.64	0.20	0.15
1,2,3,4,7,8- HxBDF	<0.08	< 0.11	< 0.10	< 0.07	0.33	< 0.06	< 0.05	< 0.07	< 0.12	< 0.07
1,2,3,4,6,7,8- HpBDF	< 0.05	< 0.07	< 0.07	< 0.05	1.6	0.25	< 0.03	0.92	<0.08	< 0.04
OBDF	<62	<87	<78	<55	<42	<48	<37	<52	<92	<51
Dioxins										
2,3,7,8- TeBDD	< 0.005	< 0.006	0.03	< 0.004	0.03	0.03	< 0.003	< 0.004	0.05	0.04
1,2,3,7,8- PeBDD	<0.06	< 0.09	< 0.08	< 0.05	< 0.04	< 0.05	< 0.04	< 0.05	<0.09	< 0.05
1,2,3,4,7,8- /1,2,3,6,7,8- HxBDD	<0.06	<0.08	<0.08	< 0.05	0.19	< 0.05	< 0.04	0.26	0.04	<0.05
1,2,3,7,8,9- HxBDD	<0.10	< 0.14	< 0.13	< 0.09	< 0.07	<0.08	< 0.06	<0.9	<0.15	< 0.08
1,2,3,4,6,7,8- HpBDD	<0.25	< 0.34	< 0.30	< 0.21	0.89	<0.19	< 0.14	< 0.20	< 0.36	< 0.20
OBDD	<11	<15	<14	<9.7	<7.3	<8.5	<6.5	<9.2	<16	<8.9
Sum PBDD/Fs pg g <sup>-1</sup>	0.53	0.33	0.52	0.91	3.9	1.1	0.78	2.2	0.76	0.51

**Table 1.** Levels (pg g<sup>-1</sup> lipid) of PBDD/Fs in ten Swedish human adipose tissue samples.

F: female, M: male, XX: age at time of sampling.

Incineration is considered to be one of the major sources of PBDD/Fs and 1,2,3,4,7,8-HxBDF and 1,2,3,4,6,7,8-HpBDF are next after OBDF the most abundant PBDD/F congeners present in stack flue gases [13]. Unfortunately, data on hexa, hepta and octa brominated congeners are often missing due to difficulties in analysing these substances and because labelled standards for these compounds became available only a few years ago. However, the presence of 1,2,3,4,7,8-HxBDF, 1,2,3,4,6,7,8-HpDBF and OBDF is also overrepresented in samples (house dust, soil, dust, residues) from contaminated e-waste recycling sites in China and Vietnam [14-15] and when plastics from TV casings are subjected to sunlight [16]. The use of products containing brominated flame retardants could tentatively be a human exposure route for brominated furans.

In five out of ten samples 2, 3, 7, 8-TeBDD was detected in concentrations ranging from 0.03-0.05 pg g<sup>-1</sup> lipid. Human levels of 2, 3, 7, 8-TeBDD have previously been reported in adipose tissue samples from Japan and in human milk from Ireland, Italy, Russia, Slovakia and Spain [6, 8]. The reported levels of both 2, 3, 7, 8-TeBDD and 2, 3, 7, 8-TeBDF from Japan were about ten times higher than the levels reported in this study tentatively indicating a higher degree of exposure in Japan. Surprisingly, 1,2,3,4,7,8-/1,2,3,6,7,8-HxBDD and 1,2,3,4,6,7,8-HpBDD were detected in a few samples of adipose tissue. There are to our knowledge no publications on HxBDDs and HpBDDs in humans. However, the occurrence of 1,2,3,4,7,8-, 1,3,4,6,7,8-HxBDD, 1,2,3,4,6,7,8-HpBDD and OBDD in fly and bottom ash and in stack flue gases are more prominent than the lower brominated congeners [13], found in these samples, indicating that they ought to exist in the environment and possibly accumulate in the food chain.

### Levels of PCDD/Fs

The levels of PCDD/Fs were analysed as reference for the ten adipose tissue samples included in this screening study. The PCDD/F levels were similar to those reported earlier for adipose tissue samples collected in Sweden, Spain and Japan.

# Conclusions

In all samples, 2, 3, 7, 8-TeBDF was present in levels ranging from 0.23 to 0.54 pg g<sup>-1</sup> lipid and pentabrominated furans were present in nine out of ten samples. The levels of 2,3,7,8-TeBDF, 1,2,3,7,8- and 2,3,4,7,8-PeBDF were similar to those reported in a previous screening study performed by our research group [7]. In all, results from nineteen samples demonstrate the presence of brominated furans in the general Swedish population. More interestingly, by lowering the detection limits by using larger injection volumes by employing PTV injection, 2, 3, 7, 8-TeBDD, 1, 2, 3, 4, 7, 8-/1, 2, 3, 6, 7, 8-HxBDD, 1, 2, 3, 4, 6, 7, 8-HpBDD, 1, 2, 3, 4, 6, 7, 8-HpBDD, 1, 2, 3, 4, 7, 8-HxBDF and 1, 2, 3, 4, 6, 7, 8-HpBDF were detected for the first time in human adipose tissue from Sweden. 2, 3, 7, 8-TeBDD was detected in five out of ten samples in the range of 0.03-0.05 pg g<sup>-1</sup> lipid. 2, 3, 7, 8-TeBDD has been detected in samples with human origin earlier but not in samples from Sweden. Levels of 1, 2, 3, 4, 7, 8-HxBDF has previously been detected in human milk samples from several countries, including Sweden. The detection of 1,2,3,4,7,8-/1,2,3,6,7,8-HxBDD, 1,2,3,4,6,7,8-HpBDD and 1,2,3,4,6,7,8-HpBDF in human adipose tissue is to our knowledge reported for the first time.

The individuals having the highest PBDD/F concentrations also had the highest levels of pg TEQ  $g^{-1}$  of PCDD/Fs (results not shown), i.e. individuals 5 and 8. This support the general assumption that brominated and chlorinated dioxins have the same sources and exposure routes. Still, the analysis of PBDD/Fs suffers from difficulties in analysing the higher brominated dioxins and furans, which can be seen by the higher LODs for these compounds.

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