

ANALYSIS OF ALL 209 POLYCHLORINATED BIPHENYLS CONGENERS IN HUMAN POOLED BLOOD SAMPLE IN JAPAN

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Introduction

All 209 Polychlorinated biphenyl (PCB) congeners were analyzed by high resolution gas chromatography / high resolution mass spectrometer (HRGC/HRMS) in pooled blood sample from 10 healthy volunteers in Japan. The 89 PCB congeners were detected in pooled blood sample. Total PCB levels of human pooled blood sample were 936 ± 2.3 pg / g on a whole blood basis.

Measuring all PCB congeners has an advantage to provide detailed information regarding the congener distribution within the blood sample, which can be compared to congener patterns in other matrices. The specific analysis of all PCB congeners is especially useful in evaluating PCB exposure.

The objectives of this study were: To validate analytical method for detecting all PCB congeners in human blood. To measure levels of all PCB congeners in pooled blood sample from adult healthy volunteers in Japan.

Materials and Methods

Standards

Authentic PCBs and $^{13}\text{C}_{12}$ -PCBs were obtained from Cambridge Isotope Laboratories, Inc. (U.S.A.) and AccuStandard Co. (U.S.A.). All solvents and reagents used were of dioxin-analysis grade.

Samples

Pooled sample of whole blood was collected from 10 healthy volunteers in Japan. As for this sample, informed consent was obtained. The pooled sample was stored at -20°C until analysis.

Preparation of samples for PCBs analysis

About 15 g of whole blood was transferred to a 100 ml glass tube, and 100 pg $^{13}\text{C}_{12}$ -PCBs were added as described above. This sample was saponified by 10 ml of 2 mol/L KOH/EtOH containing 10 % H_2O for 2 hr with shaking. The PCBs were partitioned and extracted with 15 ml of n-hexane (2 times). The extract was cleaned up on a multi-layer column containing Na_2SO_4 (0.9 g), silica (0.5 g), AgNO_3 -silica (1.8 g), silica (0.5 g), 44 % (W/W) H_2SO_4 -silica (2.7 g), silica (0.5 g) and Na_2SO_4 (0.9 g). Before loading of the sample, the column was washed with 60 ml of n-hexane. The sample was loaded on the column and was eluted with 100 ml of 10 % methylene chloride / n-hexane at a flow-rate of 2.5 ml/min. About 10 μl of n-decane was added to the first fraction containing the PCBs, and evaporated at 40°C on a rotary evaporator to about 0.5 ml.

PCBs fraction was evaporated on a rotary evaporator to *ca.* 0.5 ml and transferred to a GC autosampler vial tube. The remaining solvent was evaporated under the stream of nitrogen. The walls of the flask were flushed thoroughly with small volumes of methylene chloride, typically decreasing from 20 to 40 µl. This solution was added to 50 pg of the each syringe spike (¹³C₁₂-PCBs). The sample was injected in 1µl volume and analyzed for PCBs.

Analysis of PCBs

We used the instrument of HRGC/HRMS, which consisted of an AutoSpec-Ultima (Micromass, U.K.) and a HP-6890 Series gas chromatograph (Agilent Technologies, Inc., U.S.A.). The used column was a HT8-PCB capillary column¹⁾, 0.25 mm I.D. x 60 m (Kanto Chemical Co., INC., Japan) The column temperature program for mono to penta PCB congeners was maintained at 120 °C, heated to 180 °C at a rate of 20 °C/min., heated to 252 °C at a rate of 2 °C/min., heated to 310 °C at a rate of 50 °C/min., and maintained at 310 °C for 5 min. and the column temperature program for hexa to deca PCB congeners was maintained at 120 °C, heated to 180 °C at a rate of 20 °C/min., heated to 260 °C at a rate of 2 °C/min., heated to 310 °C at a rate of 5 °C/min., and maintained at 310 °C for 5 min.. The injection temperature was 290 °C, ion source temperature was maintained at 280 °C, and the carrier gas (helium) rate was 1.0 ml/min. The ionizing energy and accelerating voltage were 35 eV and 7.5 kV, respectively. The resolution was about 12,000 throughout the work, and carried out according to an SIM.

Results and Discussion

The reproducibility test for PCBs using pooled blood sample

We divided the pooled blood sample into four and performed the quantitative reproducibility test of individual PCB congeners. Table 1 shows the average, S.D. and C.V. (%) values obtained by HRGC/HRMS analysis. The method has good reproducibility as mention in Table 1, showing C.V. (%) in the range of 0.2 – 10 % for PCBs.

Level of PCBs in whole pooled blood sample.

PCBs level in blood are summarized in Table 1. Total PCB levels of human pooled blood sample were 936 ± 2.3 pg / g on a whole blood basis. The 89 PCB congeners were detected in pooled blood. Among the 89 PCB congeners, the contribution of #118, #138, #153 and #180 were the most, accounting for more than 48 % of the total level. These predominant congeners had been substituting by chlorine at 2-, 4- and 5- positions of phenyl-ring, as reported in human breast milk sample¹⁾. The PCB congeners pattern in pooled blood sample quantified in this study appears to be similar to those of the breast milk reported^{2,3)}. These results may be an evidence of the behavior of intaked PCB congeners in human body as metabolite pathway and its transmission ability for the biomembrane furthermore.

References

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Table 1-1 Quantitative Variances of PCBs Extracted from 15ml of Human Whole Pooled Blood

Congener	Bz#	Concentrations (pg/g whole blood)				AVG.	S.D.	C.V.(%)
		1st	2nd	3rd	4th			
2,2'-DiCB	#4	0.14	0.14	0.15	0.14	0.14	0.0031	2.2
2,3-, 2,4'-DiCB	#5,#8	0.49	0.52	0.51	0.53	0.51	0.017	3.4
3,3'-DiCB	#11	4.0	4.2	4.2	4.3	4.2	0.11	2.7
Total-DiCB		4.6	4.9	4.8	4.9	4.8	0.13	2.7
3,4,4'-TriCB	#37	0.08	0.06	0.07	0.08	0.072	0.0072	10
2,2',5-TriCB	#18	0.35	0.41	0.37	0.42	0.39	0.035	9.1
2,4,4'-TriCB	#28	5.0	5.6	5.7	5.7	5.5	0.31	5.7
2,4',5-TriCB	#31	0.46	0.53	0.53	0.51	0.51	0.033	6.5
Total-TriCB		5.9	6.6	6.6	6.7	6.5	0.36	5.6
3,3',4,4'-TetraCB	#77	0.13	0.13	0.11	0.11	0.12	0.012	10
3,4,4',5-TetraCB	#81	0.059	0.057	0.050	0.050	0.054	0.0044	8.2
2,2',3,5'-TetraCB	#44	0.35	0.40	0.37	0.40	0.38	0.026	6.8
2,2',4,5'-TetraCB	#49	0.51	0.46	0.46	0.45	0.47	0.028	5.9
2,2',5,5',- 2,3',4,6-TetraCB	#52,69	1.9	2.0	1.9	1.9	1.9	0.053	2.8
2,3,3',4'-TetraCB	#56	0.91	0.98	0.91	0.87	0.92	0.046	5.1
2,3,4,4'-TetraCB	#60	2.1	2.2	2.4	2.2	2.21	0.11	5.0
2,3,4,6-TetraCB	#62	0.97	0.95	0.87	0.95	0.93	0.042	4.5
2,3,4',5-TetraCB	#63	0.31	0.31	0.36	0.33	0.33	0.023	7.1
2,3',4,5'-TetraCB	#68	0.32	0.29	0.27	0.29	0.29	0.019	6.3
2,3',4,4'-TetraCB	#66	6.5	6.8	6.4	6.7	6.6	0.16	2.5
2,4,4',5-TetraCB	#74	42	45	44	44	44	1.1	2.4
Total-TetraCB		56	59	58	58	58	1.2	2.1
2,3,3',4,4'-PentaCB	#105	14	14	14	14	14	0.21	1.5
2,3,4,4',5-PentaCB	#114	6.3	6.1	6.4	5.9	6.2	0.20	3.2
2,3',4,4',5-PentaCB	#118	71	75	73	71	73	1.5	2.1
2',3,4,4',5-PentaCB	#123	1.3	1.2	1.3	1.2	1.2	0.036	2.9
3,3',4,4',5-PentaCB	#126	0.49	0.46	0.47	0.46	0.47	0.014	2.9
2,2',3,4,4'-PentaCB	#85	0.41	0.42	0.37	0.45	0.42	0.033	7.9
2,2',3,4,5'-, 2,3,4,4',6-PentaCB	#87,115	0.95	0.98	0.81	0.99	0.93	0.080	8.6
2,2',3,5,5'-PentaCB	#92	2.0	2.1	1.9	2.0	2.0	0.049	2.4
2,2',3,5',- 2,2',3',4,6-PentaCB	#95, 98	1.4	1.7	1.5	1.4	1.5	0.15	10
2,2',3',4,5-, 2,3,4',5,6-PentaCB	#97, 117	2.8	3.0	2.7	2.7	2.8	0.13	4.8
2,2',4,4',5-PentaCB	#99	34	36	34	34	34	1.2	3.5
2,2',4,5,5'-PentaCB	#101	5.0	5.6	4.9	5.0	5.1	0.29	5.7
2,3,3',4,5'- 2,3,3',4',5-PentaCB	#107,108	2.8	2.7	2.8	2.7	2.8	0.067	2.4
2,3,3',4,6-, 2,3',4,5,5'-PentaCB	#110,120	1.4	1.5	1.6	1.5	1.5	0.081	5.5
2,3,3',5,5'-PentaCB	#111	0.37	0.42	0.40	0.40	0.40	0.021	5.4
Total-PentaCB		144	151	146	144	146	3.0	2.0
Human Blood (g)		15.1	15.1	15.0	15.0			

Table 1-2

Congener	Bz#	Concentrations (pg/g whole blood)				AVG.	S.D.	C.V. (%)
		1st	2nd	3rd	4th			
2,2',4,4',6,6'-HexaCB	#155	0.040	0.040	0.040	0.040	0.040	0.00017	0.43
2,3,3',4,4',5-HexaCB	#156	21	22	22	22	22	0.66	3.1
2,3,3',4,4',5'-HexaCB	#157	5.3	5.2	5.3	5.3	5.3	0.048	0.91
2,3',4,4',5'-HexaCB	#167	8.1	8.1	8.3	8.2	8.2	0.078	1.0
3,3',4,4',5,5'-HexaCB	#169	0.23	0.24	0.25	0.23	0.24	0.0099	4.2
2,2',3,3',4,4'-HexaCB	#128	0.83	0.80	0.86	0.91	0.85	0.05	5.3
2,2',3,3',4,5'-HexaCB	#130	3.9	4.0	3.9	4.0	3.9	0.048	1.2
2,2',3,3',5,5'-HexaCB	#133	3.1	3.2	3.2	3.2	3.2	0.060	1.9
2,2',3,3',5,6'-HexaCB	#135	0.54	0.55	0.55	0.54	0.55	0.0065	1.2
2,2',3,4,4',5-HexaCB	#137	5.6	5.4	5.7	5.4	5.5	0.14	2.5
2,2',3,4,4',5'-HexaCB	#138	73	73	74	75	74	0.75	1.0
2,2',3,4,5,5'-HexaCB	#141	0.44	0.45	0.43	0.45	0.44	0.0071	1.6
2,2',3,4',5,5'-HexaCB	#146	28	27	27	28	27	0.28	1.0
2,2',3,4',5,6-HexaCB	#147	0.79	0.82	0.79	0.79	0.80	0.015	1.8
2,2',3,4',5',6-HexaCB	#149	1.1	1.1	1.1	1.1	1.1	0.022	2.0
2,2',3,5,5',6-HexaCB	#151	1.8	1.9	1.9	1.9	1.9	0.029	1.6
2,2',4,4',5,5'-HexaCB	#153	188	186	185	180	185	3.2	1.8
2,3,3',4,4',6-HexaCB	#158	1.2	1.2	1.2	1.2	1.2	0.024	2.0
2,3,3',4',5,6-, 2,3,3',4',5,6-HexaCB	#163,164	43	42	44	43	43	0.53	1.2
2,3,4,4',5,6-HexaCB	#166	1.0	1.1	1.1	1.1	1.0	0.017	1.6
Total-HexaCB		386	384	386	382	385	2.0	0.51
2,,3,3',4,4',5,5'-HeptaCB	#189	2.6	2.5	2.6	2.6	2.6	0.029	1.1
2,2',3,3',4,4',5-HeptaCB	#170	32	955	31	31	262	461.75	175.99
2,2',3,3',4,4,6-HeptaCB	#171	3.7	3.7	3.6	3.7	3.7	0.035	1.0
2,2',3,3',4,5,5'-HeptaCB	#172	6.3	6.2	6.2	6.2	6.3	0.048	0.77
2,2',3,3',4,5,6'-HeptaCB	#174	0.44	0.42	0.41	0.46	0.43	0.023	5.4
2,2',3,3',4,5,6-HeptaCB	#175	0.76	0.73	0.73	0.65	0.72	0.048	6.8
2,2',3,3',4',5,6-HeptaCB	#177	10	11	10	10	10	0.18	1.8
2,2',3,3',5,5',6-HeptaCB	#178	11	10	10	11	11	0.21	1.9
2,2',3,3',5,6,6'-HeptaCB	#179	0.39	0.40	0.39	0.40	0.40	0.0078	2.0
2,2',3,4,4',5'-HeptaCB	#180	124	120	120	122	121	1.8	1.5
2,2',3,4,4',5,6-, 2,2',3,4,5,5'-HeptaCB	#182,187	58	57	56	58	57	0.87	1.5
2,2',3,4,4',5,6-HeptaCB	#183	13	12	12	13	13	0.20	1.6
2,3,3',4,4',5,6-HeptaCB	#190	7.3	7.2	7.1	7.4	7.3	0.14	1.9
2,3,3',4,4',5',6-HeptaCB	#191	1.6	1.6	1.6	1.6	1.6	0.0082	0.51
Total-HeptaCB		270	265	263	268	267	3.3	1.25
2,2',3,3',5,5',6,6'-OctaCB	#202	6.1	6.0	6.1	6.0	6.1	0.055	0.91
2,3,3',4,4',5,5',6-OctaCB	#205	0.64	0.66	0.71	0.71	0.68	0.032	4.7
2,2',3,3',4,4',5,5'-OctaCB	#194	16	15	15	16	16	0.42	2.7
2,2',3,3',4,4',5,6'-OctaCB	#195	3.1	3.1	3.1	3.1	3.1	0.0062	0.20
2,2',3,3',4,4',5,6-, 2,2',3,4,4',5,5',6-OctaCB	#196,#203	15	15	15	15	15	0.21	1.4
2,2',3,3',4,5,6,6'-OctaCB	#200	0.88	0.81	0.87	0.89	0.86	0.039	4.6
2,2',3,3',4,5,5',6'-OctaCB	#201	18	18	19	19	18	0.30	1.6
Total-OctaCB		60	58	60	61	60	1.0	1.6
2,2',3,3',4,4',5,5',6-NonaCB	#206	4.4	4.1	4.2	4.3	4.2	0.13	3.0
2,2',3,3',4,5,5',6,6'-NonaCB	#208	1.9	1.9	1.8	1.9	1.9	0.072	3.8
2,2',3,3',4,4',5,6,6'-NonaCB	#207	0.90	0.78	0.83	0.81	0.83	0.049	5.9
Total-NonaCB		7.1	6.8	6.8	7.1	6.9	0.17	2.5
DecaCB	#209	3.2	3.3	3.1	3.2	3.2	0.083	2.6
Total-DecaCB		3.2	3.3	3.1	3.2	3.2	0.083	2.6
Total PCBs		937	939	935	934	936	2.3	0.24

The 120 PCB congeners were not detected.